Hollins University
Quality Enhancement Plan: *Supporting Academic Success: An Integrated Approach*

I.   Executive Summary

Hollins University's Quality Enhancement Plan (QEP), *Supporting Academic Success: An Integrated Approach*, is the result of a 20-month process involving faculty, students, administrators and staff. With the oversight of a faculty-led steering committee, these constituents contributed to a final plan designed to improve student learning and the environment that supports learning at the university. The plan integrates student well-being with academic success in a way that recognizes well-being as an essential component of learning. The QEP focuses on those aspects of well-being that both contribute to students' academic success and fit the institutional context and capacity of Hollins University. Student well-being is supported in three ways by the QEP: (1) by helping students build strong time management and goal-setting skills; (2) by helping students develop practices and strategies that allow them to overcome obstacles and thrive academically; and (3) by helping students practice self-care, including necessary rest, nutrition and physical activity. A review of empirical evidence supports the design of the QEP, and the actions that will be implemented follow research-based best practices. The QEP includes seven student learning outcomes and a detailed assessment plan that tracks student learning, includes plans for reviewing results and modifying actions as needed, and institutional-level measures of overall effectiveness of the QEP. The present document details the plan, from the stages of its development through assessment design, allocation of institutional resources and timeline for implementation. The document is organized in the following sections: